

# COME LAUGH WITH US!

**Complimentary CEU presentation**  
for Social Workers, Nurses, Chaplains, and any staff  
who are feeling stressed.

**Thursday, November 8<sup>th</sup>, 2018**

Your choice of sessions:

**Breakfast Session 8:30-9:30**  
Food and drink will be served  
Optional Tour of our facility

**Lunch Session 11:30-12:30**  
Food and drink will be served  
Optional Tour of our facility



Head on over to:  
St. Louis Cremation  
2135 Chouteau Avenue  
St. Louis, MO 63103

## **Are you stressed? Stretched thin? Maxed out?**

It doesn't have to be that way. Imagine learning simple methods to help you and the patients you serve reduce stress immediately, boost the immune system, and increase coping skills. Lighten up and learn the many benefits of therapeutic laughter and how to begin a daily Humor Plan of Action. This program has been hailed as "life altering" and is filled with information you will refer to again and again.

**RSVP - ASAP to [CarlyKingSLC@gmail.com](mailto:CarlyKingSLC@gmail.com)**  
Space is limited to 50 people per session



Special Thanks to Care Choice Care Management  
for providing 1 Social Work and Nurse Case Manager CEU!